## Wellness Center Waiver of Claims, Release of Liability, Medical Release and Agreement to Rules of Usage

Authorized users of the Wellness Center include current LSC Students, Faculty & Staff of Lake Superior College. Any deliberate misuse or destruction of property will result in a collected damage fee and future forfeiture of Wellness Center privileges.

Waiver of Liability: In consideration of being permitted to participate in the LSC Wellness Center, I, for myself and my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue Lake Superior College, its officers, employees, and agents from liability from any and all claims due to negligence or accident resulting in personal injury or illness (including death), and property loss arising from my participation in the LSC Wellness Center.

Assumption of Risk: Participation in the LSC Wellness Center carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Risks include but not limited to the following. Death, fractures, back injuries, head injuries, eye injuries, face injuries, injuries to hands, feet, arms and legs, sprain contusions, injuries to fingers and toes, abdominal injuries, neck injuries, skin infection, injuries resulting from falls.

Medical Release: The undersigned consents to receive medical treatment that may be deemed advisable to the event of injury, accident or illness during my participation. This release, indemnification, and waiver shall be construed to provide a release, indemnification and waiver to the maximum extent permissible under law.

Acknowledgment of Understanding: I hereby consent to voluntarily engage in exercise and fitness activities in the Lake Superior College Wellness Center. Before I undergo any type of physical activity or physical training session(s), I certify to the Wellness Center staff & Director that I am in good physical health. I fully understand what is involved when I participate in recreational exercise or any organized programs offered by the Lake Superior College Wellness Center. I have read this assumption of risk, waiver of liability and indemnity agreements, fully understand its terms, and understand that I am giving up rights, including the right to sue. I acknowledge that I am accepting the agreement freely and voluntarily, and intend by signing my name to the sign in sheet as a complete and unconditional release of liability to the greatest extent allowed by law. I also agree to the Wellness Center Guidelines and failure to follow could result in forfeiture of use.